Technical Workshop

with USFS Sectional Technical Specialist,
Courtney Wetterich Gagne

Elevate your understanding. Refine your execution.

This workshop is designed for competitive skaters (Pre-Preliminary-Senior) and coaches who want a deeper understanding of the technical scoring of figure skating. Blending on-ice application with off-ice education will help athletes better understand how elements are evaluated under the International Judging System (IJS).

Off-Ice Session

- How elements are identified and called
- Jump under-rotations and edge calls
- Spin levels and features
- Step and Choreographic Sequences breakdown
- Common technical mistakes and how to avoid them
- Q&A for skaters, coaches, and parents

On-Ice Session

- Real-time element evaluation and program feedback
- Individual lesson opportunities *limited space
- Guidance with leveled elements (Spins, Step Sequences)

Details

March 21-22, 2026
Ice In Paradise (Goleta, California)

For More Information

Please reach out to Ashley Padilla to reserve your spot. edgefit100@gmail.com

To contact Courtney directly: (513) 520-1355 cmwetterich@gmail.com